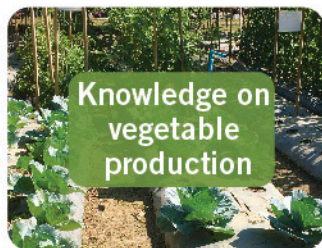




# HOME GARDENING

## Technical Guide

### • Why Home Gardening?



ENGLISH

Think first: What vegetables are needed by your family?

### How to plan your home garden?

Bed/Plot	J	F	M	A	M	J	J	A	S	O	N	D
1												
2												
3												
4												
5												
6												
7												
8												
9												
10												
11												
12												
Monthly Supply/ Harvest												

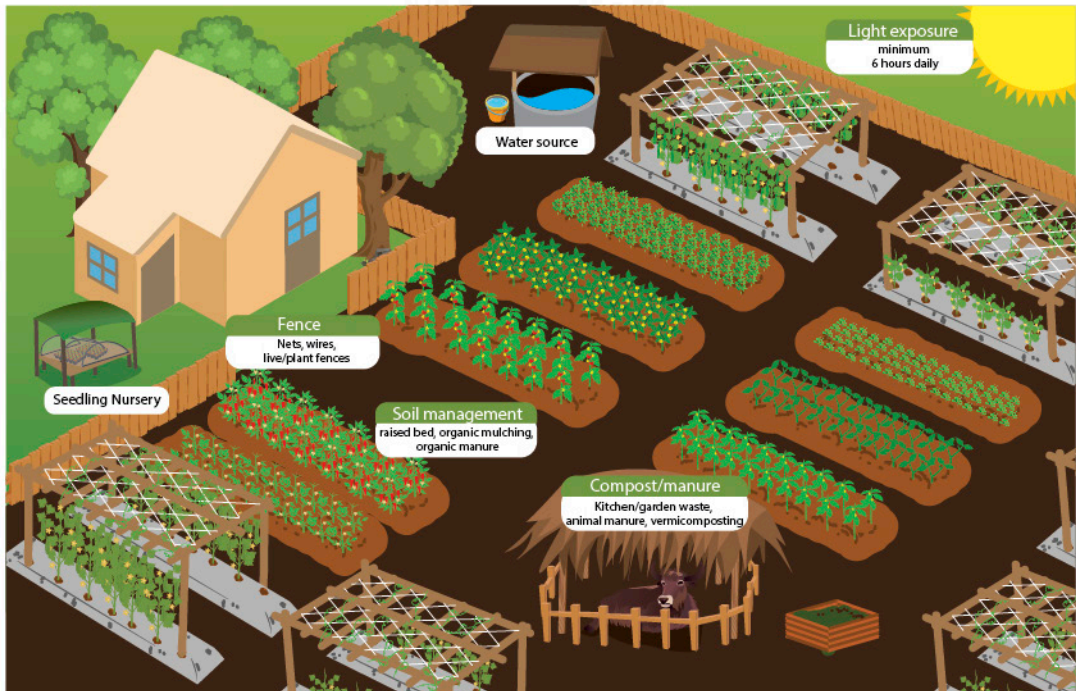
Size of available area

Choice of 5-8 crops

Suitable to grow in the area

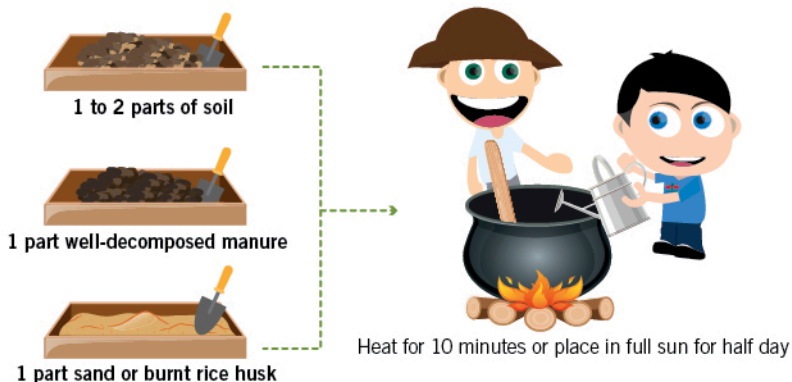
Only for consumption or also for sell?

- Home Gardening: Important Factors to Consider and Sample Demo





## • Seedling production



Direct sowing: leafy vegetables (e.g. kangkong, pakchoy, caisim);  
legumes and okra

Sowing in trays/containers:

- Cucurbits (e.g. bitter melon, cucumber): 8-10 days before transplanting
- Solanaceous (e.g. tomato, eggplant): 21-28 days before transplanting



## • Crop protection

To prevent infection from spreading,  
sick plants, old crops and  
weeds must be removed.



Use sticky traps or sweet traps



Attract beneficial  
insects by planting  
flowering plants.



Biological



Manual



Plant extract spray

Plant extract sprays  
(example):

- Neem
- Garlic
- Chili

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